

This program is sponsored by
the
Conrad Hilton For Sisters
Program of the
Conrad Hilton Foundation, INC.
A Project of the
Conference of Major Superiors
of the Philippines
(CMSP)

Interested applicants may apply for
sponsorship at the Office of the
Conference of Major Superiors in the
Philippines (CMSP)
28 Acacia St., New Manila Quezon City
Look for Ms. Mylene C. Saluta
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Institute of Formation and Religious Studies

CONTINUING FORMATION PROGRAM

IFRS ... journeying
with Asia and Pacific
regions for
empowerment of
women and
men religious.



ACCOMPANIMENT PROGRAM FOR TEMPORARY PROFESSED SISTERS

PREPARATION FOR FINAL VOWS

Walking together as companions on the
journey of sharing, reflection,
discernment, and prayer

**ONLINE FROM
AUG. 7- OCT. 16, 2026
MONDAYS THRU FRIDAYS**

**Retreat follows after the sessions
to be facilitated by the CMSP**

Program Description

This program is meant to provide a combination of a contextual, inclusive and integrated processes, as well as inspirational, theological, and psychological inputs that will provide the participants grasp of the challenges as well the gifts of consecrated life as initially lived. It seeks to assist the participant to confirm and strengthen their commitment as a lifetime response within the realities of our times as they revisit their initial missionary journey. With its ten components, it hopes to imbue them with a renewed creative spirit in addressing the future with openness to the evolving expressions of consecrated life, new ways of being disciples in community and doing mission. It also presents to the participants the administrative realities of their congregations thus, opening them to taking such position when the time and situation necessitates.



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The Program

PRELIMINARIES
LEVELING OFF : CONTEXT
REVIEW OF LIFE/TRIDIUM
HUMAN DIMENSION
COMMUNITY LIFE
APOSTOLIC LIFE
CHARISM AND MISSION
PRAYER LIFE
THE CONSECRATED LIFE
EVERYDAY DISCIPLESHIP IN
CONSECRATED LIFE
PROGRAM ASSESSMENT AND
FINAL RITUALS