

This program is sponsored
by the
Conrad Hilton Fund for Sisters
through the
Conference of Major Superiors
in the Philippines (CMSP)

Sponsorship for women religious
may be applied for from the
office of the CMSP.

**For sponsorship requirements
and guidelines,
please contact:**

Ms. Mylene D. Saluta
CHF-CMSP Project Coordinator
email: cmsp.chf2025@gmail.com



CONTACT US

-  apf.ifrs2025@gmail.com
-  +63 995 987 7496 ;
+63 968 346 8334
-  122 N. Domingo St. corner
St John Street, Kaunlaran,
Quezon City
-  Institute of Formation and
Religious Studies



**INSTITUTE OF
FORMATION AND
RELIGIOUS
STUDIES (IFRS)**

In Collaboration with the
**Conference of
Major Superiors
in the Philippines
(CMSP)**



Offers **Accompaniment Program for Formators**

January 15, 2027- April 14, 2027

Venue: IFRS N. Domingo Campus
122 N. Domingo St., corner St. John St.,
Kaunlaran, Quezon City

In-Person/Onsite

GENERAL INFORMATION

Time Frame:

The Accompaniment Program for Formators will be held from January 15, 2027 to April 14, 2027, Mondays to Saturdays.

Program Fee:

Php 170,000 per participant inclusive of lodging and simple breakfast, handouts, spiritual direction and retreat.

BASIC REQUIREMENTS & PROCESS

- Target Applicants: Religious sisters, brothers and priests with experience in, or currently preparing for, leadership or formation ministry.
- Application Documents: A completed Registration Form accompanied by a recommendation letter from the congregational superior/leader, addressed to the IFRS President.
- Final Step: An interview with the IFRS Formation Team, scheduled once all required documents are submitted.

FORMATION FRAMEWORK

The IFRS Integrated Formation Program is designed to accompany formators in their journey towards transformation, moving beyond basic skills to deep personal and vocational growth.

It relies on the non-linear 4B Framework:

Being: Rooted in self-awareness and personal human maturity.

Becoming: Evolving through continuous conversion and spiritual growth.

Building: Developing skills for spiritual accompaniment and building resilient religious communities.

Balancing: Integrating personal identity and outward ministry to ensure long-term fidelity and sustainability.

Ultimately, the program equips formators to blend interior maturity with outward effectiveness, preparing them to accompany others and sustain religious communities in a complex global environment.

FORMATION AREAS

Human and Psycho-Spiritual Growth

Vocational Discernment
and Formation Pedagogy

Contemporary Contexts of
Consecrated Life
and Mission

Theology and Consecrated Life

Ethics, Safeguarding,
and Formation Practice

Integration/Practice

